

BREAKING BREAD CAFE

real food for real people

[BREAKFAST]

Served all day.

FAMOUS BISCUIT SANDWICH \$6.95

Our famous buttermilk herbed biscuit with egg, choice of meat, and cheese

BLACKENED SHRIMP AND GRITS \$10.95

Our secret blackening seasoning on grilled shrimp atop award winning cheese grits with cheddar and scallions

NORTHSIDE BREAKFAST \$7.95

Breakfast the old fashioned way, 2 eggs your way, choice of toast, choice of bacon, andouille sausage, or portabello patty. Double the meat and eggs, and add a pancake to make it a Big & Bad Northside Breakfast \$4.95 more!

HOMEMADE BISCUITS AND GRAVY \$8.95

Our famous buttermilk herbed biscuits topped with savory and rich homemade turkey gravy and two eggs your way

VEGAN PORTABELLO CAKES \$9.95 GF/V*

Portobello, red rice, sunflower, garlic, peppers, coconut oil combined to create a savory patty, served atop spring greens, with chimichurri, and vegan mayo

NORTHSIDE'S BEST WAFFLES \$4.95/8.95

Chelle's famous waffle batter, with choice of up to two of the following toppings: Blueberry, strawberry, bananas, pecans, bacon (turkey or pork), whip cream, strawberry jam, blueberry jam, chocolate chips

HOMEMADE PANCAKES \$4.95/8.95

Our special pancake batter, griddled to perfection, with choice of up to two of the following toppings: Blueberry, strawberry, bananas, pecans, bacon (turkey or pork), whip cream, strawberry jam, blueberry jam, chocolate chips

CHICKEN AND WAFFLES \$10.95

Classic southern style fried chicken atop the Northside's best Belgian waffle, topped with spicy caramel, and citrus honey butter on the side

TURKEY BACON HASHCAKES \$7.95

Turkey bacon, potatoes, cheese, scallions, eggs, topped with tarragon basil aioli

SUNRISE HOT CEREAL \$4.95 V*

Bulgur wheat, buckwheat groats, red rice, quinoa flakes, and flax seed, cooked in almond milk and seasoned with nutmeg, cinnamon, and brown sugar

[SIDES]

Breakfast Potatoes \$3.95

2 Eggs Your Way \$2.95

Herbed Buttermilk

Biscuit \$1.95

Cornbread \$1.95

Toast \$1.95

White, Wheat, Or Rye

Grits \$2.95

Cheese Or Plain GF/V*

Fresh Fruit \$3.95 GF/V*

Macaroni & Cheese \$3.95

Mashed Yams \$3.95 GF/V

Collard Greens \$3.95

GF/V*

Black Eyed Peas & Rice

\$3.95 GF/V*

Daily Soup

(rotating selection) \$4.95

GF = Gluten Free

V = Vegetarian

V* = Vegan

[EXPRESS LUNCH]

Choose 1 protein and 1 side for \$9.95, Choose 1 protein and 2 sides for \$12.95, Choose 3 sides for \$9.95. All express lunches served with cornbread and choice of BBQ, buffalo, or honey mustard sauce on the side.

PROTEIN

Dry Rub Chicken | Southern Fried Chicken
Slow Roasted Brisket | Chicken "Pot Pie"

SIDES

Mac & Cheese | Collard Greens
Mashed Yams | Black Eyed Peas And Rice

[OFF THE LINE]

WINGS \$7.95

Choose between baked or naked fried, BBQ, Lemon/Basil/Tarragon Aioli, Buffalo, Honey Mustard

ROASTED VEGGIE SANDWICH \$9.95 V

Shaved peppers, carrots, onions, garlic, lightly roasted in olive oil, and placed atop spring mix, tomato, and hummus, served on a pretzel bun with a side of citrus dressed mixed spring greens

SMOKED BRISKET SANDWICH \$10.95

Tasty house smoked brisket slathered in your choice of sauce, served with our citrus slaw with chips & pickle on the side or citrus dressed mixed spring greens

PULLED CHICKEN SANDWICH \$9.95

Our expertly cooked and hand pulled chicken, served with choice of sauce topped with citrus slaw, chips & pickle on the side or citrus dressed mixed spring greens

SHRIMP PO' BOY SANDWICH \$10.95

Grilled and blackened shrimp with our citrus slaw, basil tarragon aioli, chips and pickle on the side or citrus dressed mixed spring greens

NORTHSIDER POUTINE \$9.95

Homemade fries, turkey chorizo gravy, pork bacon, cheddar, chive

DRY RUB CHICKEN \$9.95 GF

Our special blend of dry rub seasonings on white and dark meat pieces, served with choice of either collard greens or macaroni and cheese

CLASSIC FRIED CHICKEN \$9.95

Our homemade battered and fried chicken, served with choice of either collard greens or macaroni and cheese

Add fries, ketchup, and tarragon basil aioli to any sandwich for an additional \$1.95!

[FRESH & HEALTHY]

HOUSE SALAD \$4.95/9.95 GF/V*

Cucumbers, carrots, tomatoes, onions, sunflower seeds, dried cranberries, dressing choice of ranch, orange vinaigrette, red wine vinaigrette, add chicken \$2.95 or shrimp \$3.95

KALE SALAD \$4.95/9.95 GF/V*

Hand massaged kale tossed in our orange vinaigrette topped with mandarin oranges, pickled onions, dried cranberries, and sunflower seeds, add chicken \$2.95 or shrimp \$3.95

STUFFED RAW GREENS \$5.95 GF/V*

Our take on "dolmades" for the raw eaters. 2 large portions stuffed greens per order. Selections vary weekly

[BEVERAGES]

Fresh Squeezed Lemonade \$2.95
House-Made Fruit Infused
Water \$1.95
Iced Tea \$1.95

Coffee \$2.50
Hot Tea \$1.95
Latte \$2.95
Flavored Latte \$3.95

Espresso or Americano \$2.95
Apple or Orange Juice \$2.95
Milk \$1.95
Coke, Diet Coke, Sprite \$1.95

[DESSERTS]

Cookie \$1.50

Peach Cobbler \$3.95

Sweet Potato Pie \$3.95

BREAKING BREAD CAFE & CATERING



is a social enterprise program of
APPETITE FOR CHANGE



WHAT'S A SOCIAL ENTERPRISE?

A social enterprise is a business model that makes the community a better place to live. Breaking Bread is here to serve our neighbors delicious, made-from-scratch food. We're here to employ Northsiders and help them develop strong culinary and food service skills.

When you dine at Breaking Bread Café, you're supporting the longterm health of our community.

WHAT'S APPETITE FOR CHANGE?

Appetite For Change is a North Minneapolis nonprofit organization that uses food as a tool to build health, wealth and social change.

AFC's projects include:

- Community Cooks workshops for youth, families and new mothers, an opportunity for the community to come together to eat, cook, and learn.
- Urban Agriculture, farm plots across the Northside that produce 9,000lbs+ of fruits and veggies each summer. The produce is then used in Breaking Bread Café and other partner restaurants!
- Business Incubation for local food entrepreneurs, in partnership with Northside Economic Opportunity Network (NEON).
- Youth Training and Opportunities providing food-based training, employment, and leadership opportunities North Minneapolis youth.
- Northside Fresh Coalition, uses food as pathway toward community well being, economic and social justice.

Hungry for change? Learn more and get involved at www.appetiteforchangemn.org

Love what we're about?

Add a tax-deductible donation to Appetite For Change to your bill!

CATERING

Breaking Bread offers full service catering for any size gathering. We deliver made-from-scratch favorites from our kitchen right to your table. Our catering team will work with you to design the perfect menu for your event.

Contact our catering office at 612-716-9385 or email catering@breakingbreadfoods.com

OPEN Monday through Friday 8am to 3pm | Saturday and Sunday 9am to 4pm

Delivery available via Bitesquad, Dining Delivered, Foodee and Meeting Meals

Call 612-529-9346 for reservations and takeout orders

1210 West Broadway Avenue, Minneapolis, MN 55411 | www.breakingbreadfoods.com